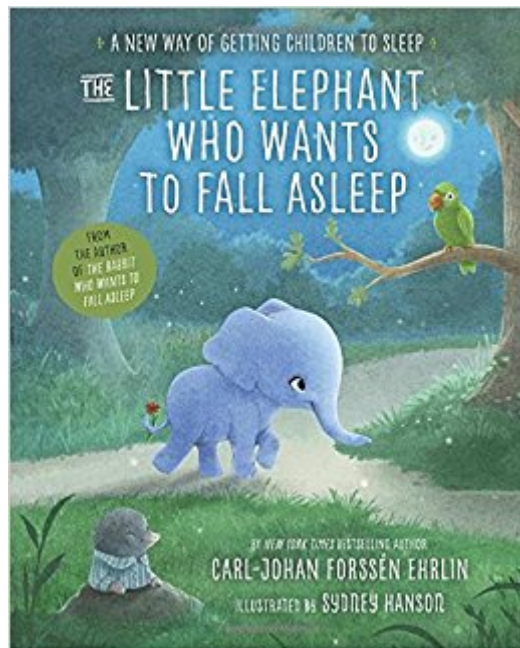




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The Little Elephant Who Wants To Fall Asleep: A New Way Of Getting Children To Sleep



Synopsis

Add variety to your child's bedtime routine with the latest book from the author of *The Rabbit Who Wants to Fall Asleep*, the *New York Times* and international bestseller that parents have been raving about! Features all-new child-tested, parent-approved techniques to reclaim bedtime and provide a sweet and tender end to each day. Your child joins Ellen the Elephant on a journey through a magical forest that leads to sleep. Along the way, children meet different fantastical characters and have calming experiences that help them relax and slip into slumber quickly. The story works perfectly for either naptime or bedtime. Children will love switching between stories about both Roger the Rabbit (*The Rabbit Who Wants to Fall Asleep*) and Ellen the Elephant (*The Little Elephant Who Wants to Fall Asleep*), and parents will appreciate the diverse ways each character will help their loved ones fall asleep quickly and easily. Includes never-before-seen material that will make a difference at bedtime, including insightful sleep tips and answers to frequently asked questions to help guide families to an even more satisfying nighttime routine! Advance Praise from Parents • "Even better than *The Rabbit Who Wants to Fall Asleep*." • "It's nice to have an alternative for a bit of variety." • "You only have to read a few pages and you have a sleeping child!" • "A must-have book in our home!" • Praise for *The Rabbit Who Wants to Fall Asleep*: *New York Times* Bestseller *USA Today* Bestseller Publishers Weekly Bestseller Translated into 43 Languages • "The magical book that will have your kids asleep in minutes." • "New York Post • "On the cover of [*The Rabbit Who Wants to Fall Asleep*] there's a sign that reads, 'I can make anyone fall asleep' and that's a promise sleep-deprived parents can't resist." • "NPR • "For many parents, getting kids to fall asleep can be a nightmare. But [*The Rabbit Who Wants to Fall Asleep*] . . . promises to make the process easier and help kids to drift off to sleep faster." • "CBS News • "A book whose powerfully soporific effects my son is helpless to resist." • "The New York Times

Book Information

Hardcover: 40 pages

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Age Range: 3 - 7 years

Grade Level: Preschool - 2

Customer Reviews

The Little Elephant Who Wants to Fall Asleep

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Carl-Johan Forssell is a behavioral scientist with a bachelor's degree in psychology and teaches communications at a Swedish university. He is also a life coach and leadership trainer. Carl-Johan has combined all these skills and experiences in developing the techniques in this book. Read more about the author at carl-johan.com or on his Facebook pages Carl-Johan Forssell and The Rabbit Who Wants to Fall Asleep. Sydney Hanson was raised in Minnesota alongside numerous pets, and her illustrations and paintings still reflect a love for animals and the natural world. In addition to her book illustrations, Sydney is an experienced 2-D and 3-D production artist who has worked for several animation companies, including Nickelodeon and Disney Interactive. She lives in Los Angeles.

Both this and the little rabbit version are must haves for bedtime. My son who always wants to "stay up all night" and can read through several bedtime books without so much as a yawn falls asleep before we hit halfway. So relaxing, almost hypnotic and meditative. Couldn't recommend more highly

I love this author and this book. Works like a charm every time, and I even bought the book on Audible so that the Kindle can read her to sleep without the constant distraction of "mom." She loves it!

It doesn't work on my toddler but by the time I'm done reading it I'm really yawning and ready to fall asleep now (joke if you read the book)

This book also does a good job putting mom and dad to sleep while reading....it hasn't made the kids fall asleep yet!

My 3 year old really enjoys this book. As the 'introduction' in the book explains, words are slightly out of order to make it geared towards encouraging sleep. I totally get that. I just personally struggle to not read/correct it the way it would normally be (if it wasn't written to psychologically try to get children to fall asleep,) as I am reading it out loud to my child.

This works, but it's not quick! Also, it's counter productive to have to read a child to sleep with a light on, as they're fighting sleep because of the light exposure. Reading this twice through over the course of 40 minutes isn't really better than sitting with a child in the dark until they fall asleep, in my opinion.

I love the story and it works every time. My son always falls asleep.

This book IS sweet...and a nice notion. It did NOT, however, help me "reclaim bedtime" with our mentally-active 3 year old. Instead of lulling her to sleep with pseudo-Jedi mind-trick suggestive passages, it brought on an onslaught of nine thousand perky questions that I had to stop the story and answer. Frustration, stress, and a tired ADULT who just "wants to fall asleep" is all we got in our household. The English is presented too properly as well - does not flow like an average American's speech pattern, and sometimes makes it difficult to read smoothly for me. I hope others have better luck.

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Book 1) Sleep Apnea Book: Secrets of Sleep Apnea Treatment, Cure, Exercises, Machine and
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Solution, Book 3) Healthy Sleep: Fall Asleep Easily, Sleep More Deeply, Sleep Through the Night,

Wake up Refreshed Sleep Hypnosis Bundle: Hypnosis Collection to Fall Asleep Instantly, Induce REM Sleep, Get Better Sleep and Wake up Refreshed Deep Sleep Hypnosis: Fall Asleep Instantly and Sleep Well Sleep Apnea: The Most Effective Sleep Apnea Cure: Discover a Sleep Apnea Treatment in 7 Days or Less! (Sleep apnea, anxiety management, insomnia, diabetes, snoring, sleep disorders, respironics) Sleep Sleep Sleep: Use the Power of Your Subconscious Mind to Sleep Smarter and End Insomnia in Just 21 Days End the Insomnia Struggle: A Step-by-Step Guide to Help You Get to Sleep and Stay Asleep The Effortless Sleep Method:The Incredible New Cure for Insomnia and Chronic Sleep Problems (The Effortless Sleep Trilogy Book 1) The Promise of Sleep: A Pioneer in Sleep Medicine Explores the Vital Connection Between Health, Happiness, and a Good Night's Sleep Sleep Well: Meditation and Hypnosis Bundle for Deep Sleep, Relaxation, Stress Relief and Better Sleep The Sleep Lady's Good Night, Sleep Tight: Gentle Proven Solutions to Help Your Child Sleep Well and Wake Up Happy Everybody Wants to Go to Heaven, but Nobody Wants to Die Little Bear Audio CD Collection: Little Bear, Father Bear Comes Home, Little Bear's Friend, Little Bear's Visit, and A Kiss for Little Bear Elephant Coloring Book For Adults: An Adult Coloring Book of 40 Patterned, Henna and Paisley Style Elephant (Animal Coloring Books for Adults) (Volume 2) Elephant Calendar - Calendars 2017 - 2018 Wall Calendars - Animal Calendar - Elephant 16 Month Wall Calendar by Avonside Elephant Memories: Thirteen Years in the Life of an Elephant Family

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